

**Independent Living Program Cover Sheet**

**Category: RELATIONSHIPS & COMMUNICATION**

**Activity: My Choices Impact Others**

**Description:** **The objective of this assignment is to:** Help you understand the impact of those choices and view it from a different perspective. Additionally, experiencing how doing a good deed in your life can positively influence others and the day they are having, as well as yourself.

**To receive full credit for this assignment, you will need to:**

- Complete the Choices You Make Activity Scenarios.
- Do a good deed and write about it.
- Email the completed work along with this cover sheet to: ILP Admin at [ilpadmin@orangewoodfoundation.org](mailto:ilpadmin@orangewoodfoundation.org)

**You may earn up to \$20.00 ILP dollars for completing this assignment.**

Total Dollars Earned:

<p>\$</p> <p>(ILP Use Only)</p>
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Notes:

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**Goal:**  
**None**

Date: \_\_\_\_\_

Youth Signature	Date of Birth
Print Name (Youth)	Group Home (If Applicable)

<p><b>Receipt</b></p> <p>(ILP Use Only)</p>
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**CHOICES YOU MAKE  
SCENARIO 1**

You have plans to have dinner with your significant other (Boyfriend/Girlfriend etc.) tomorrow night. You get a call from your friend who lives out of state that you haven't seen in months asking if you can meet tomorrow during the same time.



**CHOICE #1**

You decide to be true to your word and keep your dinner plans with your significant other. You tell your friend you will see them next time they are in town.

**CHOICE #2**

You decide to break your dinner plans and instead hang out with your friend. You tell your significant other that you will need to reschedule for another night.



**EFFECTS OF CHOICE #1 ON: YOUR FRIEND, RELATIONSHIP, SELF ETC.**

**EFFECTS OF CHOICE #2 ON: YOUR FRIEND, RELATIONSHIP, SELF ETC.**

**CHOICES YOU MAKE  
SCENARIO 2**

You were given a pass from your group home to go hang out with some friends, but are told that you need to return by 9:00pm. Some of your friends are celebrating a birthday for a friend you haven't seen for a while, and your crush is there.

**CHOICE #1**

You decide to hang out with your friends longer than you planned. You lose track of time and get back to the group home 2 hours later than your curfew.

**CHOICE #2**

You decide to leave at the right time, getting to your placement before curfew is up. You'll talk to your friends and crush some other time.

**EFFECTS OF CHOICE #1 ON  
YOUR STAFF, FRIENDS,  
FAMILY, RELATIONSHIPS  
WITH OTHERS, AND SELF:**

**EFFECTS OF CHOICE #2 ON  
YOUR STAFF, FRIENDS,  
FAMILY, RELATIONSHIPS  
WITH OTHERS, AND SELF:**

